

# THE FVS STEVENAGE 5K SERIES (Herts County 5k Senior Championships)

## COUNTY RESULTS - Thursday 4 August 2011

Positions								County		
Race	M/F	No:	Time	Name	Surname	Cat.	Club	Pos	M/F	Team
3	3	113	16:09	Thomas	CROUCH	MS	St Albans Striders	1	1	1
4	4	177	16:23	Nick	BERESFORD	MS	North Herts Road Runners	2	2	2
6	6	123	16:43	Oliver	SAVILLE	MS	Luton Athletic Club	3	3	
7	7	131	16:47	Andy	MUTTON	MS	North Herts Road Runners	4	4	3
8	8	18	16:52	Grant	RAMSAY	MS	Fairlands Valley Spartans	5	5	4
9	9	166	16:58	Mark	HARRIS	MS	Team TriSports	6	6	
11	11	140	17:29	Ian	HARPUR	MV40	Garden City Runners	7	7	5
12	12	178	17:32	Terry	FOWLER	MV40	Garden City Runners	8	8	6
13	13	231	17:42	Andy	HOLT	MV40	Garden City Runners	9	9	7
14	14	79	17:49	Richard	BEVAN	MS	Biggleswade AC	10	10	
16	16	77	17:55	John	OCKENDEN	MS	St Albans Striders	11	11	8
19	19	94	18:05	Neil	HUME	MS	Garden City Runners	12	12	9
21	21	207	18:08	Paul	WARRELL	MS	Watford Joggers	13	13	10
25	25	160	18:18	Jonathan	HERD	MS	Fairlands Valley Spartans	14	14	11
26	26	120	18:21	Jonathan	HAYNES	MV50	Bishops Stortford Running Club	15	15	12
29	29	223	18:46	Adrian	SHERWOOD	MV40	North Herts Road Runners	16	16	13
30	30	84	18:47	Gary	COOK	MS	North Herts Road Runners	17	17	14
31	31	107	18:48	Keith	MCLELLAN	MV50	Garden City Runners	18	18	15
32	1	71	19:00	Sally	ONN	FS	St Albans Striders	19	1	1
33	32	227	19:00	Chris	ELAND	MV40	Garden City Runners	20	19	16
34	33	55	19:07	Neville	PORTEOUS	MV40	Garden City Runners	21	20	17
37	36	215	19:19	Stephen	LIVINGSTONE	MV50	Garden City Runners	22	21	18
38	37	78	19:21	Sean	BOWEN	MV40	Garden City Runners	23	22	19
39	2	30	19:22	Alison	WOOD	FV45	Fairlands Valley Spartans	24	2	2
40	38	6	19:31	Liam	HERBERT	MS	Fairlands Valley Spartans	25	23	20
41	3	48	19:33	Nicola	FROUD	FV45	Barnet & District AC	26	3	3
44	4	172	19:41	Katherine	MARCH	FS	Barnet & District AC	27	4	4
45	5	92	19:43	Karen	MURPHY	FV35	Barnet & District AC	28	5	5
47	42	159	19:55	Steve	WILLIAMS	MV50	Garden City Runners	29	24	21
48	43	190	20:04	Stuart	MIDDLETON	MS	St Albans Striders	30	25	22
49	44	142	20:07	Richard	BLOOM	MV60	Herts Phoenix	31	26	23
50	45	226	20:17	John	RUSSELL	MV40	North Herts Road Runners	32	27	24
51	46	230	20:19	Darren	STEPHENSON	MV40	Fairlands Valley Spartans	33	28	25
53	48	174	20:22	Andrew	WHITING	MS	University of Sheffield AC	34	29	
59	53	150	20:41	David	EDWARDS	MV50	Garden City Runners	35	30	26
61	54	135	20:51	Chris	WILLIAMS	MS	Ware Joggers	36	31	27
62	8	130	21:07	Helen	HOYLE	FV45	Barnet & District AC	37	6	6
63	9	21	21:08	Lisa	BURGESS	FS	Fairlands Valley Spartans	38	7	7
64	10	221	21:09	Catherine	PARSI	FS	David Lloyd Pacers	39	8	8
66	55	102	21:12	Howard	BULL	MS	St Albans Striders	40	32	28
70	13	93	21:28	Celia	FINDLAY	FV45	David Lloyd Pacers	41	9	9
71	58	50	21:34	Chris	PRIESTLEY	MV50	North Herts Road Runners	42	33	29
75	61	26	21:58	Hadrian	COOPER	MS	Fairlands Valley Spartans	43	34	30
78	63	191	22:02	Ryan	DUNNING	MV40	Fairlands Valley Spartans	44	35	31

79	64	16	22:09	Jim	CARR	MV40	Fairlands Valley Spartans	45	36	32
80	65	45	22:24	Roger	PARTRIDGE	MV50	Ware Joggers	46	37	33
81	66	126	22:25	Dave	FAULKNER	MV50	Garden City Runners	47	38	34
86	70	222	22:40	Andy	JAY	MV40	Fairlands Valley Spartans	48	39	35
89	73	189	22:43	Mark	DRAPER	MV50	North Herts Road Runners	49	40	36
90	17	219	22:44	Jo	MATTHEWS	FV35	Garden City Runners	50	10	10
92	18	114	22:50	Linda	POWELL	FV45	St Albans Striders	51	11	11
101	79	225	23:28	Steve	ATKINS	MV50	Biggleswade AC	52	41	
102	23	161	23:30	Angela	HALFORD	FS	Watford Harriers	53	12	12
103	80	152	23:33	Wayne	AYLOTT	MV40	Garden City Runners	54	42	37
104	81	4	23:43	Barry	KING	MV40	Fairlands Valley Spartans	55	43	38
105	82	229	23:54	Selvan	NAICKER	MV40	Fairlands Valley Spartans	56	44	39
106	24	144	24:01	Sarah	PIKE	FS	Stevenage & North Herts AC	57	13	13
107	25	195	24:11	Sue	WILLIAMS	FV45	David Lloyd Pacers	58	14	14
109	26	24	24:22	Nikki	NATION	FV45	Fairlands Valley Spartans	59	15	15
110	84	127	24:22	John	DAVIS	MV50	Garden City Runners	60	45	40
111	85	173	24:27	Richard	WHITING	MV60	Herts Phoenix	61	46	41
112	86	238	24:30	Danny	MILLER	MS	Fairlands Valley Spartans	62	47	42
115	89	1	24:39	Stephen	BLOCK	MV40	Fairlands Valley Spartans	63	48	43
116	90	234	24:46	Andy	INGRAM-TEDD	MS	Fairlands Valley Spartans	64	49	44
118	27	181	25:07	Nicola	LORIMER	FV35	Fairlands Valley Spartans	65	16	16
121	94	46	25:22	Ted	KIMBER	MV70	Barnet & District AC	66	50	45
124	96	197	25:34	Paul	HOLGATE	MV50	Fairlands Valley Spartans	67	51	46
129	29	28	26:30	Sarah	HUKIN	FV35	Fairlands Valley Spartans	68	17	17
130	30	23	26:31	Tracy	PEZ	FV35	Fairlands Valley Spartans	69	18	18
131	31	216	26:33	Clare	BOUTLE	FV35	Barnet & District AC	70	19	19
133	32	233	26:37	Karen	ELLIS	FV35	Fairlands Valley Spartans	71	20	20
137	35	20	27:29	Karen	PALMER	FV45	Fairlands Valley Spartans	72	21	21
143	40	27	28:12	Maria	RUSHTON	FV45	Fairlands Valley Spartans	73	22	22
144	41	146	28:19	Maureen	SHIRLEY	FV55	Barnet & District AC	74	23	23
148	105	29	29:26	Simon	HARRIS	MS	Fairlands Valley Spartans	75	52	47
152	46	11	31:23	AnneMarie	NEATHAM	FV45	Fairlands Valley Spartans	76	24	24
155	49	19	32:34	Marie-Louise	ARMITAGE	FV45	Fairlands Valley Spartans	77	25	25
156	50	218	33:15	Kerry	ANDERSON	FS	Garden City Runners	78	26	26
157	107	35	33:44	John	HEYWOOD	MV70	Ware Joggers	79	53	48
158	51	17	35:10	Janet	COX	FV45	Fairlands Valley Spartans	80	27	27

